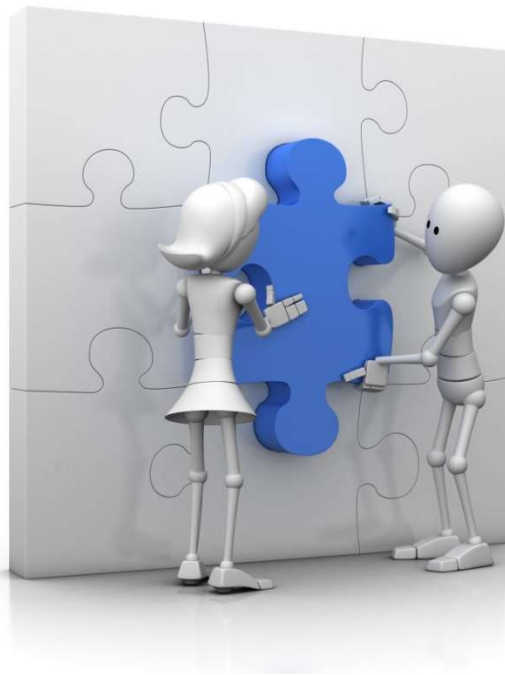


# The Relationship Gap Survey



*A Couples Questionnaire*

## Instructions

### Taking and Returning

### The Relationship Gap Survey©

Please complete the Surveys separately. Do not share answers while completing the form or discuss your answers afterward. There are no “right” or “wrong” answers!

Once you have completed both Surveys, kindly attach them to an email and return to the following email address:

[carolegold8@gmail.com](mailto:carolegold8@gmail.com)

You will receive your full Survey Report with Special Findings within 14 business days!

Once you see your results and where “the gaps” are, you can mediate those with any qualified professional so that you insure your relationship goes forward on a strong foundation.

If you did not purchase Gap Mediation Sessions with me as part of your original purchase, you can still do so after receiving the Final Survey Report and Special Findings by contacting me at the same email above for scheduling in-person sessions (Austin and surrounding area) or via Skype.

All my best,

*Carole*

## FINANCES

1. Rate the following from 1 to 10

**1 = not important** and **10 = very important**

- \_\_\_ General savings
- \_\_\_ Rainy Day savings
- \_\_\_ Investing for growth
- \_\_\_ Saving for child's college
- \_\_\_ Investing for retirement
- \_\_\_ Allocating income for charity
- \_\_\_ Allocating income for gifts
- \_\_\_ Separate Bank Account
- \_\_\_ Joint bank account
- \_\_\_ Both separate & joint bank accounts
- \_\_\_ Life Insurance
- \_\_\_ Credit cards in your name
- \_\_\_ Paying down credit in full monthly
- \_\_\_ Partially paying off credit card debt monthly
- \_\_\_ Not carrying a credit card balance
- \_\_\_ Taking a loan for a car
- \_\_\_ Buying a car for cash/check in full

2. **List four (4)** items that you consider “necessary luxuries” when purchasing things for your living environment or leisure time:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

### HOME

3. Answer **Yes** or **No** to the following:

\_\_\_\_\_ Would you prefer to own your own home?

\_\_\_\_\_ Would you prefer to rent your home?

\_\_\_\_\_ Would you want to own a vacation home?

\_\_\_\_\_ Would you want to rent a vacation home?

4. If you could move any place you wanted, where would you most like to live?

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5. If you could have any style home you wanted, generally describe what it looks like:

## FAMILY

6. 1 = not important 10 =\_very important

### Children

- \_\_\_\_\_ Having a child
- \_\_\_\_\_ Having 2 children
- \_\_\_\_\_ Having 3 or more children

If natural child birth is not possible, check alternatives you would consider:

- \_\_\_\_\_ A surrogate
- \_\_\_\_\_ In vitro fertilization
- \_\_\_\_\_ Adoption

**Child Care:** Place an "X" before the ones you would consider acceptable:

- \_\_\_\_\_ Third party daycare for the child
- \_\_\_\_\_ At least one parent as the daycare provider
- \_\_\_\_\_ A live-in nanny
- \_\_\_\_\_ Babysitter at least once a week

**Discipline:** True (T) or False (F)

- \_\_\_\_\_ Hitting a child on the rear for discipline is acceptable.
- \_\_\_\_\_ Never hit a child
- \_\_\_\_\_ Taking a child for professional counseling if needed is a good idea

**Technology** Place an "X" or fill in an answer where needed

My child can have a cellphone after age 6 \_\_\_\_ 8 \_\_\_\_ 12 \_\_\_\_ 15 \_\_\_\_.

My child can have unrestricted internet access after age \_\_\_\_.

My child can watch television during the week \_\_\_\_ only on weekends \_\_\_\_.

Screen time is a privilege \_\_\_\_ screen time is a right \_\_\_\_.

**Miscellaneous** True or False

\_\_\_\_ Weapons in the home should be in a secure locked area.

\_\_\_\_ Pornography can be accessible to minors in the home.

**EXTENDED FAMILY**

Answer **YES** or **NO**

\_\_\_\_ Traditions are important.

If yes, **check those of importance:**

\_\_\_\_ family

\_\_\_\_ religious

\_\_\_\_ Birthday celebrations

\_\_\_\_ anniversaries

\_\_\_\_ Thanksgiving

\_\_\_\_ July 4th

\_\_\_\_ Labor Day

\_\_\_\_ Memorial Day

\_\_\_\_ Valentine's Day

Place an "X" before the one(s) with which you agree:

- Spending regular time with family is important to me
- Spending holidays with family is important to me
- Inviting parents/in-laws over on a regular basis is important to me
  - weekly
  - once a month
  - every other month
  - only if necessary
  - never

What two things do you like **MOST** about your family of origin?

What two things do you like **LEAST** about your family of origin?

7. Assuming you had a child or children, answer the following rating 1 to 10.

1 = **not important** 10 = **very important**

- Participation on a sports team at school
- Playing a musical instrument
- Summer camp
- Overnight camp (after age \_\_\_\_\_)
- Part-time job (after age \_\_\_\_\_)

**COLLEGE: True (T) or False (F)**

\_\_\_ It is our sole responsibility to provide all funds, including living expenses, for the child while in school.

\_\_\_ Our child should hold a part-time job while in school.

\_\_\_ Our child should first exhaust all possible grants, aid and loans before we pay tuition.

8. My aspirations for our child are:

**SOCIAL LIFE**

9. Rate the following 1 to 10.

**1 = not important    10 = very important**

\_\_\_ Retaining your pre-marital friends

\_\_\_ Regularly socializing alone with pre-marital friends after marriage

\_\_\_ One night out without your spouse

**Place an "X" before the your preferred regular time out with spouse**

\_\_\_ Weekly

\_\_\_ monthly

\_\_\_ a few times a year

\_\_\_ Making new friends as a couple

\_\_\_ Private time & space within your home environment



- \_\_\_ I like to cook
- \_\_\_ I like to clean up
- \_\_\_ Separate hobbies/recreation
- \_\_\_ Joint hobbies/recreation
- \_\_\_ Participating in dangerous hobbies (such as)
  - \_\_\_ scuba diving
  - \_\_\_ motorcycling
  - \_\_\_ flying a plane
  - \_\_\_ parachuting

Participation in **these and similar hobbies** is fine with me: **True (T)** or **False (F)**

- \_\_\_ before having a child
- \_\_\_ after having a child

## ENTERTAINMENT

Insert the number that best expresses your thoughts: 1 = **not important** 10 = **very important**

- \_\_\_ Going to the movies
- \_\_\_ Going out to dinner
- Check** frequency
  - \_\_\_ once a week
  - \_\_\_ once a month
  - \_\_\_ twice a month
  - \_\_\_ once in a while
- \_\_\_ Live theatre
- \_\_\_ Art/Science museum

## Vacations

- once a year
- twice a year
- three times a year

## Weekend away

- once a year
- twice a year
- every other month
- monthly
- Humor

10. If we needed help communicating, or with any personal problem **after** we're married, I would be open to: **Place an "X" before the next to the ones to which you would agree:**

- Marriage counseling with a Mediator
- Marriage counseling with a therapist
- Individual counseling for one or both of us
- Talking with a friend or relative
- I don't think our personal challenges are anyone else's concern

## HEALTH **Place an "X" before the one that applies**

11. When I am sick, I prefer which of the following:

- To be cared for and tended to.
- To be left alone until I feel better.

## PETS

12. The following pets are okay with me. Place an "X" next to the ones that apply:

- dog
- more than one dog
- cat
- more than 1 cat
- both a cat and a dog
- bird
- rodents (ferrets/reptiles/hamsters etc.)

## EMPLOYMENT/CAREER

13. Place an "X" before the ones with which you would be comfortable.

- Staying in my current job/career for many years to come.
- Switching jobs/careers often during my life
- My spouse changes careers
- My spouse finds a new job for less money because it makes her/him happier
- Your spouse stops working: care for children

## SEXUAL RELATIONS

14. Place an "X" before the ones with which you agree:

- Verbal communication about sexual relations is best done while in bed
- Verbal about sexual relations is best done when not in bed
- Verbal communication about sexual relations is not helpful.

- Pornography can be helpful in enhancing sexual relations
- Pornography is a turn-off
- Pornography is okay for the individual but not for the couple
- Pornography is never okay

Place an "X" before the ones that are true for you or would be acceptable to you.

- Masturbation is a normal part of sexual relations
- Masturbation is individual and normal
- Masturbation is abnormal

Frequency of sexual relations Place an "X" before the your preference(s).

- once a day
- once a week
- several times a week
- as often as either partner wants
- frequency is not all that important

**15. Define the following words/phrases with whatever comes to mind.**

**Partner**

**Trust**

**Friend**

**Faithful**

**Communication**

**Integrity**

**Perfect Vacation**

**Depression**

**Anger**

**Infidelity**

**Lie**

**Intimacy**

## Responsibility

16. The best way to handle a disagreement that seems like an impasse is to:

17. If a relationship was based upon percentages, what percentage of the relationship do you see as yours and why? **My percentage is \_\_\_\_\_% because....**

18. In the expression “For better or worse” ....explain what would be:

**Better**

**Worse**

19. List three (3) Life Goals you hope to accomplish by age 70.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

20. The best way to deal with each other after a heated disagreement is to:

21. At this stage of your relationship, what do you see as the most **incompatible** aspect between you both?

22. The most **compatible** aspect?

23. What is your **favorite quality** in your partner?



Thank you for your commitment to this process  
and to your desire to have  
the most meaningful and rewarding relationship!

*Carole*

Remember, kindly attach both Surveys to an email and return to the following  
email address: [carolegold8@gmail.com](mailto:carolegold8@gmail.com)